

CHAIR-SIDE REFERENCE: HYPO-PIGMENTED RETINAL LESIONS

HYPO-PIGMENTED LESIONS OF THE POSTERIOR EYE Fundus Autofluorescence (FAF) Optomap /retinal photo Optical coherence tomography (OCT) Description Amelanotic Choroidal naevus • Common, benign lesion with detectable borders, round/oval in shape. · Typically located posterior to the equator. · Chronic naevi may show atrophy, hyperplasia, fibrous/osseous metaplasia, overlying drusen, RPE detachment and/or an RPE trough. • Less than 2mm thick and less than 5mm in diameter. • Up to 10% of choroidal naevi are amelanotic, adopting a homogenous pattern of medium reflectivity without posterior shadowing on OCT. • Carries up to a 1% lifetime risk of malignant transformation. Documentation and routine review required. Amelanotic Choroidal Melanoma • Most common primary malignant intraocular neoplasm in adults. · Solitary mass that is acoustically hollow on ultrasound. · Greater than 2mm thick. · May be associated with lipofuscin (overlying orange pigment), sub-retinal fluid or haemorrhage, sentinel vessels, choroidal folds, retinal detachment or inflammation. FAF not available • 15% of choroidal melanomas may be non-pigmented and 30% mixed. Prompt referral to an Ophthalmologist is required. **Choroidal Metastasis** • Ill-defined, hypo-pigmented lesions. Often associated with overlying pigmentary changes. • Multifocal and/or bilateral in 25% of cases. • Mildly elevated (less than 3mm). • May be symptomatic due to an associated exudative retinal detachment. FAF not available • Primary lesion elsewhere in the body (commonly lungs or breast). Prompt referral to an Ophthalmologist is required. Focal Scleral Nodule (Solitary Idiopathic Choroiditis) • Discrete, round, yellow-white lesion with surrounding orange halo. · Active lesions have ill-defined margins, sub-retinal fluid and yellow intra-retinal exudative material. Focal haemorrhages may also be present. OCT imaging shows a smooth and dome-shaped lesion with thinning of the overlying choroid. · Recent studies using enhanced depth imaging OCT suggest the lesions may have a scleral rather than a choroidal basis. Routine review of inactive lesions, refer active lesions to an Ophthalmologist.



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HYPO-PIGMENTED LESIONS OF THE POSTERIOR EYE Fundus Autofluorescence (FAF) Optomap /retinal photo Optical coherence tomography (OCT) Description **Chorioretinal Atrophy** · Circumscribed areas of retinal thinning from loss of RPE and photoreceptors, which allows increased visualisation of the choroidal vasculature. Older lesions have surrounding pigment hyperplasia. · OCT shows loss of the RPE and thinning of the outer retinal layers. • Caused by autoimmune, inflammatory, infectious and/or degenerative conditions. Documentation and routine review required. A congenital, solitary spindle-shaped chorioretinal lesion typically located **Torpedo Maculopathy** temporal to the fovea. OCT shows lesions to be either flat or excavated and associated with neurosensory detachments and disorganisation of the retinal layers. Documentation and routine review required. Bergmeister's Papilla A persistent remnant of the hyaloid artery. Either a remnant of the vascular core of the artery (appears as an anterior projection from the optic disc) or a remnant of the fibro-glial sheath (appears as a tuft of glial tissue, usually on the nasal aspect of the disc). No specific management required. **Myelinated Nerve Fibres** White striated areas in the fundus with feathery margins that obscure the underlying vasculature. Usually congenital, however can be acquired or progressive during childhood and regression can occur following damage to the optic nerve. No specific management required.



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